

Early Intervention Family Worker Parent Survival Newsletter 8.2.21

Early Intervention Family workers support parents with concerns around their child's challenging or worrying behaviour: Tantrums, meltdowns, anxiety, self-esteem, bedtime problems, sibling rivalry etc
Support is currently available virtually or by phone.

Your schools EIFW is Jane Rogers
Janeelizabeth.rogers@cambridgeshire.gov.uk

Parenting Top Tip Help your child develop social skills

Social Skills Coaching is a great way to help your children develop this important skill, and now that so many of you are at home with your children it's an ideal opportunity to practice.

Positive social behaviours you might want to encourage include: helping, sharing, teamwork, listening, taking turns, making a suggestion, being generous, waiting, including others etc.

To 'coach' your child in social skills simply observe and comment when you see these behaviours.
'You are waiting patiently for your turn' 'That's kind to help you sister' 'Great teamwork!' 'Well done for listening, even though you were dying to have your say'
Use prompting: 'Can you sort out this problem in a friendly way?' 'What might help in this situation?'
'How about asking everyone what they would like to do?'

And of course, don't forget to role model good social skills yourself, children absorb so much by watching.

Activity Ideas Indoor Scavenger Hunt

Make a list of things each person has to find: A book with the first letter of your name in the title, something fluffy, something round, something alive, something you love, something that's fun, something you can eat, something tiny, something huge etc (make up your own, make this part of the activity)

Does your child have, or potentially have, an additional need or disability? **Pinpoint** (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer

