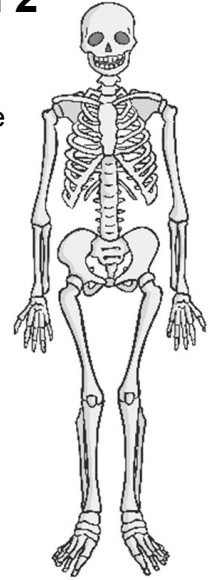






Knowledge Organiser for Years 1 and 2

The Human Body

In this unit we will learn about the different parts of the Human body and how they are important in helping our body to function. We will also learn about how to keep our bodies fit and healthy.



Some of the main internal organs in the human body and their function:		
Brain	The brain sends and receives signals to the other organs.	
Heart	The heart is responsible for pumping blood throughout our body.	
Lungs	The lungs are responsible for helping our body to breathe in oxygen.	
Stomach	The main function of the stomach is to break down and digest food.	

Skeleton/ Skeletal System

The skeletal system helps to:

- Protect our internal organs
- Keep our bodies in shape

An adult skeleton is made up of 206 bones.

Here are some of the scientific names for the bones in our skeleton:

Skull = Cranium

Jaw bone = Mandible

Leg bone = Femur

5 SENSES



Growth and Change:

As we grow our bodies grow and change with us.

We start to learn new skills and our muscles and bones get stronger.



THE EATWELL PLATE

A guide to the right balance of the five main food groups



- Fruit & Veg
- Carbs & Starches
- Dairy
- Protein
- Sugars & Fats