



HOT MARKET  
SANDWICH

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL

Paprika Marinated Chicken served with Savoury Vegetable Rice

Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Beef Bolognaise with Pasta served with Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Cheese & Tomato Swirl served with Savoury Vegetable Rice

Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Vegetable Bolognaise with Pasta served with Seasonal Vegetables

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Tomato or Cheese Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Tomato or Cheese Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### DESSERTS

Choose One of Our Fabulous Desserts  
Apple & Winter Berry Crumble  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jam & Coconut Sponge  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Oat & Raisin Cookie  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Caramel Mousse with Bananas  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Vanilla Ice-cream & Fruit Sauce  
Fruity Jelly  
Fresh Fruit Pot

Making lunchtime the **highlight** of your day



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#### MAIN MEAL

Parmigiano Chicken Melt served with Baked Wedges, Peas & Sweetcorn

Greek Style Chicken Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops

Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

#### MEAT FREE

Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables

Greek Style Vegetable Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Fishless Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops

Baked Lentil Roast served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

#### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Tomato or Cheese Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Tomato or Cheese Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

#### DESSERTS

Choose One of Our Fabulous Desserts  
Strawberry Mousse with Mixed Berry Compote  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jam Roly Poly  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Sticky Pineapple Cake  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Lemon Tart  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Chocolate Brownie  
Fruity Jelly  
Fresh Fruit Pot

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### MAIN MEAL

Meat Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn

Warm Chicken Baguette served with Selection of Sauces Potatoes Wedges & Crunchy Veg Sticks

Beef Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables

Sausage Pork served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Chicken Burger served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Margherita Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn

Crispy Vegetable Bite Baguette served with Selection of Sauces Potatoes Wedges & Crunchy Veg Sticks

Plant Based Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables

Quorn Sausage Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegetable Burger served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Tomato or Cheese Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Tomato or Cheese Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### DESSERTS

Choose One of Our Fabulous Desserts Sprinkle Cookie Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Syrup Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Mousse with Orange Wedge Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Carrot Cake Fruit Yoghurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Victoria Sponge Fruity Jelly Fresh Fruit Pot

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